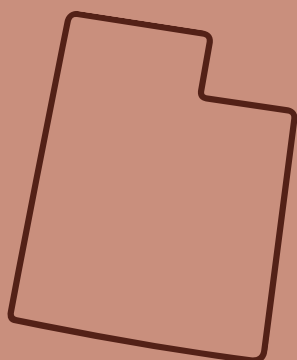
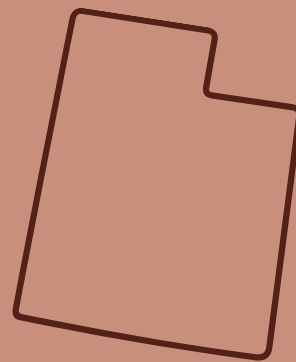


# UAND 2023 ANNUAL CONFERENCE AGENDA



Learn the **Evidence**  
*Advocate* for **Diversity**

March 3 & 4, 2023

# UAND ANNUAL CONFERENCE AGENDA

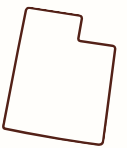
Friday, March 3, 7:15am-5:00pm



TIME	ACTIVITY	CEU	LOCATION
7:15-8:00	<b>Morning Social, Breakfast, and Registration</b>		
8:00-8:10	<b>Welcome and Announcements</b>		Viridian ABC
8:10-9:20	<b>General Session</b> Sangeeta Shrivastava: <i>Diversify your practice: The need of the time for RDNs and RDNs to be</i>	1.25	Viridian ABC
9:20-10:30	<b>General Session</b> Melissa Joy Dobbins: <i>A Sustainable Nutrition Conversation: Making a Meaningful Connection</i> Thank you Utah Beef Council	1.25	Viridian ABC
10:30-11:00	<b>Exhibits</b>	0.5	Lobby
11:00-12:00	<b>Breakout Sessions</b> Panel: <i>Addressing Food Insecurity within the Healthcare System</i>	1.0	Viridian A
	Rebecca Brown: <i>Enteral and Parenteral Nutrition Therapy in the Home Setting</i>	1.0	Viridian B
	Panel: <i>Successfully Implementing IDDSI: Collaborating Culinary Processes &amp; Procedures for Patient Satisfaction and Safety</i>	1.0	Viridian C
12:00-1:00	<b>Lunch</b>		Viridian ABC
	<b>Board Meeting - All are welcome to attend</b>		
	<b>Exhibits</b>	0.5	Lobby
1:00-2:00	<b>Breakout Sessions</b> Brunelle & Bernier: <i>Evaluation of the use of an infant-driven feeding algorithm for infants born before 34 weeks</i> Thank you Mead Johnson	1.0	Viridian A
	Katie Robinson: <i>Nutrition and Wound Healing: An Overview of Mechanisms and Guidelines</i> Thank you Abbott	1.0	Viridian B
	Gina Ward: <i>Advocating For Food, Nutrition, &amp; Health: How National &amp; State Leadership Policies Affect You!</i>	1.0 <i>Ethics credit</i>	Viridian C
2:00-2:30	<b>Exhibits</b>	0.5	Lobby
2:30-3:45	<b>General Session</b> Dr. Ahmed El-Sohemy: <i>Precision Nutrition - Recent Advances and Controversies in Genetic Testing</i> Thank you Nutrigenomix	1.25	Viridian ABC
3:45-4:00	<b>Announcements</b>		Viridian ABC
4:00-5:00	<b>Networking Event - Ice Cream Taste-Off</b>		Viridian ABC

# UAND ANNUAL CONFERENCE AGENDA

Saturday, March 4, 7:15am-5:15pm



TIME	ACTIVITY	CEU	LOCATION
7:30-8:00	<b>Morning Social and Registration</b>		
8:00-8:10	<b>Welcome and Announcements</b>		Viridian ABC
8:10-9:20	<b>General Session</b> Dr. Heather Finley: <i>Functional Foods Deep Dive: Research and Trends</i>	1.25	Viridian ABC
	Thank you Dairy West		
9:20-10:20	<b>General Session</b> Stephen Van Vliet: <i>Dietary Protein to Preserve Muscle and Physical Function into Old Age</i>	1.0	Viridian ABC
10:20-11:00	<b>Poster Session</b>	0.75	Lobby
11:00-12:00	<b>Breakout Sessions</b> Panel: <i>Factors related to bone density and the female athlete triad in female missionaries of the LDS Church</i>	1.0	Viridian A
	Dyckman & Litchford: <i>Increasing Ability to Manage Diabetes Symptoms through Community Cooking Classes</i>	1.0	Viridian B
	Rebekah Cook: <i>Making a Difference with Clients who have Eating Disorders</i>	1.0	Viridian C
12:00-1:30	<b>Awards Luncheon</b>		Viridian ABC
1:30-2:30	<b>Breakout Sessions</b> Matthew Landry: <i>Does Switching to a New Diet Kickstart Weight Loss?</i>	1.0	Viridian A
	Panel: <i>Diverse Career Paths in Public Health</i>	1.0	Viridian B
	Annika Weeks: <i>Bridging the Gap &amp; Avoiding Burnout By Utilizing NDTRs In Your Practice</i>	1.0	Viridian C
2:30-2:45	<b>Break</b>		
2:45-3:45	<b>General Session</b> Kevin Sauer: <i>Actions and Initiatives: The Academy of Nutrition and Dietetics Accelerates Innovation in Our Practice</i>	1.0	Viridian ABC
3:45-4:00	<b>Closing Remarks; Conference adjourns for the year</b>		Viridian ABC
4:15-5:15	<b>Social Activity: Zumba Class</b>		Viridian ABC

Thank you for your support of the Utah Academy of  
Nutrition and Dietetics Annual Conference.

We hope you enjoy your time with us!